

Overall	First	Last	Sex	Age	City	State	Race	Time
	1	Trai	Bunch	M	18	Cedar Falls	IA	5K 0:18:00
	1	Patrick	Olmstead	M	30	Webster City	IA	8K 0:32:28
	2	Tim	Rose	M	16	Iowa Falls	IA	5K 0:18:34
	2	Randy	Sturm	M	34	Belmond	IA	8K 0:32:51
	3	Danny	Milligan	M	30	Fort Dodge	IA	5K 0:18:36
	3	Brett	McDonough	M	31	Johnston	IA	8K 0:33:21
	4	Tyler	Kuhnle	M	18	Alden	IA	5K 0:19:01
	4	Alyssa	Arnds	F	18	Ackley	IA	8K 0:35:54
	5	Matt	Meier	M	32	Urbandale	IA	5K 0:20:29
	5	Randy	Kline	M	45	Hampton	IA	8K 0:36:06
	6	Betsy	Harms	F	25	Ackley	IA	5K 0:20:58
	6	David	Moore	M	17	Iowa Falls	IA	8K 0:36:18
	7	Zach	Andersen	M	26	Cedar Falls	IA	5K 0:21:18
	7	Scott	Bahrke	M	33	Orange City	IA	8K 0:36:39
	8	Jeremy	Bidwell	M	38	Hampton	IA	5K 0:21:30
	8	Jay	Hickman	M	44	Hampton	IA	8K 0:37:19
	9	Will	Reingardt	M	26	Cedar Falls	IA	5K 0:21:45
	9	Chelsea	Keninger	F	20	Ackley	IA	8K 0:37:32
	10	Tyler	Weeks	M	15	Iowa Falls	IA	5K 0:22:23
	10	Ryan	McDonough	M	27	Gunnison	CO	8K 0:38:20
	11	Dave	Mulcrone	M	52	Shakopee	MN	5K 0:22:31
	11							8K 0:38:37
	12	Sophia	Wibholm	F	16	Alden	IA	5K 0:22:39
	12	Darla	Davis	F	35	Carroll	IA	8K 0:38:51
	13	Lydia	Rose	F	14	Iowa Falls	IA	5K 0:22:43
	13	Jacob	Jungck	M	17	Hampton	IA	8K 0:39:03
	14	Paul	Vondra	M	43	Hampton	IA	5K 0:22:50
	14	Sheri	Sprung	F	48	Mason City	IA	8K 0:39:28
	15	Matt	Ostbloom	M	20	iowa falls	IA	5K 0:23:04
	15	chris	pilchard	M	43	marysville	WA	8K 0:40:32
	16	Tayte	Askelsen	M	25	Iowa Falls	IA	5K 0:23:11
	16	Brandon	Krumm	M	16	Iowa Falls	IA	8K 0:40:50
	17	Adam	Hartford	M	33	Iowa Falls	IA	5K 0:23:21
	17	Angela	Risius	F	41	Ackley	IA	8K 0:43:25
	18	Jeff	Spear	M	49	Hampton	IA	5K 0:24:04
	18	Leon	Kuehner	M	58	Hampton	IA	8K 0:43:48
	19	Kirk	Abkes	M	42	Ackley	IA	5K 0:24:10
	19	Kimberly	Ellingson	F	16	Ackley	IA	8K 0:44:00
	20	Kendal	Gast	M	17	Steamboat Rock	IA	5K 0:24:12
	20	Owen	Abkes	M	16	Ackley	IA	8K 0:44:00
	21	Steve	Murra	M	43	Cedar Falls	IA	5K 0:24:22
	21	Mindy	Mutschler	F	37	Geneva	IA	8K 0:44:45
	22	Ben	Arends	M	25	Ackley	IA	5K 0:24:26
	22	Kelly	Faga	F	43	Iowa Falls	IA	8K 0:45:11
	23	Shawn	Loughen	M	38	Geneva	IA	5K 0:24:27
	23	Jerry	Risius	M	45	Ackley	IA	8K 0:45:34
	24	Ashley	Smith	F	19	Iowa Falls	IA	5K 0:24:28
	24	Taylor	Risius	F	16	Ackley	IA	8K 0:46:10

25 Brent	Hoyd	M	30 Eldora	IA	5K	0:24:50
25 Sandy	Sailor	F	56 Geneva	IA	8K	0:46:40
26 Jose	Umana	M	26 Iowa Falls	IA	5K	0:24:59
26 Tracy	Spear	F	45 Hampton	IA	8K	0:46:51
27 Kourtney	Krumm	F	18 Iowa Falls	IA	5K	0:25:04
27 Dan	Gehring	M	58 Eldora	IA	8K	0:47:00
28 Kurt	Kastendick	M	49 Overland Park	KS	5K	0:25:18
28 David	Heyden	M	55 Hampton	IA	8K	0:47:03
29 Anna	Kastendick	F	13 Overland Park	KS	5K	0:25:18
29 richard	nehring	M	72 alden	IA	8K	0:49:36
30 David	Burn	M	37 Eldora	IA	5K	0:25:19
30 Russell	Squires	M	49 janesville	IA	8K	0:50:47
31 David	Hampe	M	42 Iowa Falls	IA	5K	0:25:24
31 Kris	Grimes	F	46 Ackley	IA	8K	0:51:01
32 Jack	Williams	M	17 Alden	IA	5K	0:25:25
32 Nile	Dielschneider	M	58 Conrad	IA	8K	0:52:31
33 Nick	LaVelle	M	31 Iowa Falls	IA	5K	0:25:31
33 Melinda	Ogaard	F	41 Iowa Falls	IA	8K	0:53:27
34 Karli	Rastetter	F	15 Ames	IA	5K	0:25:41
34 Kari	Houston-Anderson	F	43 Tempe	AZ	8K	1:13:25
35 Kevin	Gust	M	48 Burnsville	MN	5K	0:25:46
36 Noelle	Knee	F	16 Grand Rapids	MI	5K	0:25:46
37 Danita	Janssen	F	32 Iowa Falls	IA	5K	0:25:48
38 TRAVIS	PFALTZGRAFF	M	15 Ackley	IA	5K	0:25:50
39 Michael	Krogh	M	20 Iowa Falls	IA	5K	0:25:56
40 Bryce	Lemke	M	35 Nevada	IA	5K	0:25:57
41 Maranatha	Weeks	F	20 Vaudreuil Dorion	QC	5K	0:25:58
42 Luke	Starr	M	10 Steamboat Rock	IA	5K	0:25:59
43 Miranda	Josue	F			5K	0:26:22
44 Josie	Lemke	F	33 Nevada	IA	5K	0:26:28
45 Tasha	Miller	F	37 Iowa Falls	IA	5K	0:26:46
46 Amy	Hickman	F	45 Hampton	IA	5K	0:26:52
47 Andy	Goodner	M	34 Iowa Falls	IA	5K	0:27:11
48 Perry	Mulcrone	M	44 Shakopee	MN	5K	0:27:19
49 Dale	Stockdale	M	55 Alden	IA	5K	0:27:23
50 Dave	Hartl	M	65 Iowa Falls	IA	5K	0:27:25
51 Katie	Mulcrone	F	16 Shakopee	MN	5K	0:27:26
52 Joelle	Payelte	F	22 Saint Hugues Quebec		5K	0:27:33
53 Jenna	Koenigsfeld	F	37 Iowa Falls	IA	5K	0:27:46
54 Bill	Szakacs	M	48 Urbandale	IA	5K	0:27:48
55 Tracy	Hames	F	41 Ackley	IA	5K	0:28:07
56 Ron	Sailer	M	58 Geneva	IA	5K	0:28:19
57 Adelina	Castro	F	36 Iowa Falls	IA	5K	0:28:21
58 Brenda	Bradley	F	51 Popejoy	IA	5K	0:28:36
59 Lyndsay	Bahrke	F	32 Orange City	IA	5K	0:28:54
60 Amy	Starr	F	36 Steamboat Rock	IA	5K	0:28:59
61 Lacy	Tripp	F	27 Grundy Center	IA	5K	0:29:08
62 Shelby	Abbas	F	32 Ackley	IA	5K	0:29:13
63 Jody	Lutterman	F	27 Grundy Center	IA	5K	0:29:16

64	Gale	Bengtson	M	56	Iowa Falls	IA	5K	0:29:33
65	Stefanie	Abkes	F	42	Ackley	IA	5K	0:29:44
66	Laurie	Donnenwerth	F	52	Sheffield	IA	5K	0:29:55
67	Killian	Moore	M	15	Iowa Falls	IA	5K	0:29:55
68	Tony	Vanatter	M	39	Iowa Falls	IA	5K	0:29:57
69	David	Hernandez	M	42	Iowa Falls	IA	5K	0:29:59
70	Megan	Harms	F	30	Ackley	IA	5K	0:30:13
71	Teresa	Schuchmann	F	46	Sheffield	IA	5K	0:30:23
72	Taylor	Askelsen	F	25	Iowa Falls	IA	5K	0:30:25
73	Riley	Murra	F	11	Cedar Falls	IA	5K	0:30:34
74	Taylor	Vanatter	F	10	Iowa Falls	IA	5K	0:30:44
75	Meg	Husted	F	27	Iowa Falls	IA	5K	0:30:46
76	Angie	Williams	F	44	Alden	IA	5K	0:30:50
77	Elaine	Loring	F	49	Iowa Falls	IA	5K	0:31:07
78	Alex	Hames	M	11	Ackley	IA	5K	0:31:17
79	Caden	Jones	M	10	Nevada	IA	5K	0:31:24
80	Jeana	Willms	F	22	Ackley	IA	5K	0:31:29
81	Brenda	Adams	F	34	Tama	IA	5K	0:31:56
82	Gloria	Dielschneider	F	58	Conrad	IA	5K	0:32:23
83	Spencer	Krogh	M	22	Iowa Falls	IA	5K	0:33:17
84	Chris	Stauffer	M	36	Ankeny	IA	5K	0:33:22
85	Tina	Stauffer	F	35	Ankeny	IA	5K	0:33:22
86	dena	fogt	F	41	Marshalltown	IA	5K	0:33:22
87	Nathan	Knee	M	13	Grand Rapids	MI	5K	0:33:40
88	Daniel	Knee	M	42	Grand Rapids	MI	5K	0:33:40
89	Brady	Janssen	M	12	Iowa Falls	IA	5K	0:33:41
90	Chris	Kuhnle	M	49	Alden	IA	5K	0:33:46
91	Brittany	Rainey	F	24	Iowa Falls	IA	5K	0:33:52
92	Stacey	Newton	F	20	Iowa Falls	IA	5K	0:34:05
93	Deana	Krogh	F	47	Iowa Falls	IA	5K	0:34:12
94	Scott	Krogh	M	54	Iowa Falls	IA	5K	0:34:28
95	Jenny	Anderson	F	37	New Providence	IA	5K	0:34:31
96	Ellie	Meyer	F	9	Ackley	IA	5K	0:34:55
97	Katie	Meyer	F	11	Ackley	IA	5K	0:34:55
99	Joe	Robinson	M	41	Alden	IA	5K	0:35:31
100	Emma	Hampe	F	14	Iowa Falls	IA	5K	0:35:40
101	Chaz	Vanatter	M	12	Iowa Falls	IA	5K	0:35:52
102	Alyssa	Hames	F	9	Ackley	IA	5K	0:36:18
103	Stephanie	Berven	F	11	Iowa Falls	IA	5K	0:36:31
104	Savanna	Baldwin	F	12	Iowa Falls	IA	5K	0:36:31
105	Melanie	Kubow	F	47	Iowa Falls	IA	5K	0:36:54
106	Grayson	Cutler	M	12	Iowa Falls	IA	5K	0:37:14
107	Robert	Warrington	M	43	Iowa Falls	IA	5K	0:38:02
108	Lorie	Lyman	F	44	Iowa Falls	IA	5K	0:38:31
109	Jennifer	Dougan	F	38	Iowa Falls	IA	5K	0:38:32
110	Jordan	Dulow	F	18	Iowa Falls	IA	5K	0:38:40
111	Esther	Rose	F	12	Iowa Falls	IA	5K	0:38:45
112	Amanda	Fjeld	F	13	Iowa Falls	IA	5K	0:39:14
113	Maggie	Thielen	F	13	Iowa Falls	IA	5K	0:39:14

114	Matthew	Bahr	M	24	Iowa Falls	IA	5K	0:41:39
115	Lydia	Hampe	F	17	Iowa Falls	IA	5K	0:41:56
116	amy	lepley	F	33	Eldora	IA	5K	0:42:18
117	Deanna	Arends	F	47	Ackley	IA	5K	0:42:37
118	Christopher	Renihan	M	49	New Providence	IA	5K	0:43:15
119	Andy	Off	M	33	Iowa Falls	IA	5K	0:43:57
120	Jessica	Off	F	36	Iowa Falls	IA	5K	0:44:13
121	Josie	Williams	F	11	Alden	IA	5K	0:44:24
122	Deb	Ritland	F				5K	0:44:48
123	Rachel	Warrington	F	38	Iowa Falls	IA	5K	0:44:49
124	Bev	Baldwin	F	42	Iowa Falls	IA	5K	0:44:50
125	Sabrina	Vanatter	F	33	Iowa Falls	IA	5K	0:45:10
126	Micah	Cutler	F	37	Iowa Falls	IA	5K	0:45:26
127	Linda	Guy	F				5K	0:45:26
128	Leah	Guy	F				5K	0:46:38
129	Jana	Guy	F	22			5K	0:46:44
130	Lauren	Barr	F	24			5K	0:47:46
131	Kay	Madden	F	33	Alden	IA	5K	0:47:56
132	Jerry	Pekarek	M	33			5K	0:47:57
133							5K	0:48:11
134							5K	0:48:12
135							5K	0:48:12
136	Julie	Rastetter	F	41	Ames	IA	5K	0:48:53
137	Isabella	Rastetter	F	9	Ames	IA	5K	0:49:30
138	Pam	Szakaes	F	44	Urbandale	IA	5K	0:49:31
139	Sophia	Szakaes	F	14	Urbandale	IA	5K	0:49:33
140	Darla	Smith	F	48	Iowa Falls	IA	5K	0:49:51
141	Jennifer	Winters	F	30	Iowa Falls	IA	5K	0:51:11
142	Molly	Krukow	F	29	Iowa Falls	IA	5K	0:51:12
143	Jill	Fett	F	30	Iowa Falls	IA	5K	0:52:11
144	Katherine	Quaas	F	16	Bellevue	NE	5K	0:52:11
145	Mekenlie	Jones	F	14	Nevada	IA	5K	0:53:42
146	Haley	Jones	F	16	Bellevue	NE	5K	0:53:44
147	ALESHA	TERVEER	F	12	ALDEN	IA	5K	0:58:11
148	Josie	Faga	F	9	Iowa Falls	IA	5K	0:58:12
Overall	First	Last	Sex	Age	City	State	Race	Time
	Aly	Smith	F	19	Iowa Falls	IA	5K	
	Kim	Merz	F	34	Alden	IA	5K	
	Kathy	Howard	F	48	Miami	FL	5K	
	Caleb	Robinson	M	10	Alden	IA	5K	

Brent

Lloyd

M

30 Eldora

IA

5K